

# User Manual Omox Secure - Arm/Shoulder Immo

MR01104-U

## General Information

Read these instructions carefully before use.

If you have sustained an injury, you should consult a physician or therapist for an individualized rehabilitation plan. In cases of impaired circulation, reduced sensation, or diabetes, pay special attention to pressure marks or localized swelling during use.

If symptoms worsen during use, remove the product immediately and contact a physician.

If the product has been prescribed or fitted by medical personnel, such as an occupational therapist, physiotherapist, orthopaedic technician, or physician, you should follow their advice and instructions.

Follow the washing instructions on the label. If you have a material allergy, the material composition is stated on the product label. For more information, visit [www.mediroyal.se](http://www.mediroyal.se).

## Indications

The product is designed to provide support and immobilization of the arm and shoulder joint after surgery or injury. Omox Secure has multiple fixation features that help stabilize, offload, and reduce movement in the arm and shoulder.

## Contraindications

Patients with unstable fractures should not use this orthosis until the fracture has been stabilized.

### Preparation for Application

The product is universal in size and can be used on both the left and right side. It consists of four parts:

1, Chest strap, 2, Upper arm cuff, 3, Wrist cuff and 4, Shoulder strap

## Application (see image on the next page)

1. Open the hook-and-loop fastener on the chest strap (1) and place it around the torso, just below the chest. Secure the fastener so that the strap fits firmly and comfortably.

2. Attach the upper arm cuff (2) to the chest strap in a suitable position for additional support. The cuff is fully adjustable and can be positioned freely along the chest strap using the hook-and-loop fastener for optimal fixation.

3. Attach the wrist cuff (3), which stabilizes the forearm and wrist. Place the rigid hook-and-loop surface against the chest strap so that the plastic buckle faces upward. Tighten the cuff around the wrist so that it fits snugly and provides effective fixation. For increased support and comfort, the thin strap within the cuff can be used to support the thumb and hand.

4. Attach the shoulder strap (4) to the back of the chest strap. Connect the buckle to the buckle on the wrist cuff. Adjust the length as needed. If necessary, the strap can be shortened using sharp scissors.

The length of the straps as well as the position of the wrist and upper arm can be individually adjusted to achieve optimal stability and comfort.

1. Chest strap



2. Upper arm cuff



3. Wrist cuff



2. Shoulder strap



## Removal of the Product

1. Ensure that the operated arm or shoulder is properly supported.
2. Open the shoulder strap by pressing the center of the buckle.
3. Release the wrist and upper arm cuffs by opening the hook-and-loop fasteners at the front.
4. Finish by opening the hook-and-loop fastener on the chest strap.

## Material Content

See the product label for complete information on materials.

## Care Instructions and Precautions

We recommend washing the product once a week.

Follow the washing instructions on the label, close all hook-and-loop fasteners, and use a laundry bag.

Patients with sensitive skin, diabetes, or impaired circulation should pay extra attention to any pressure marks. If you have any questions or concerns, contact your healthcare provider. Individuals with allergies should check the material content on the label before use.

## Size Chart

The product is manufactured in a universal size suitable for both men and women. It can be used on both the right and left side.

## Recycling

Dispose of the product in accordance with local recycling guidelines.

Manufactured by  
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