

NRX[®] Strap Thumb Flexion

Material

110 mm NRX[®] Strap + Hook parts



The complete construction can be cut from the 110 mm NRX[®] Strap. The main body should be cut first, making sure that you have enough material below the CMC-joint to affix the straps. Cut the thumb hole first, then trim the rest of the shape. Make the closure with two straps, making it easier to apply.

For the T-shaped thumb flexion strap, the cut-out at the "T" should not be wider than the measurement between the MP and IP joint.

1



Apply the main body and make sure that the hook closure ends up on the dorsal side.

2



Attach the thumb flexion strap between the MP and IP joint. Make sure that the hook parts are thin and do not prevent flexion of the IP-joint. Do not tighten the hook parts too much.

3



The neutralizing strap is used to prevent traction in the MP-joint. It should be attached under the IP-joint but above the MP-joint. Adjust the length before attaching it under the CMC-joint. The strap can be slightly angled for a better function.

4

Attach the thumb flexion strap to the ulnar side. Test different attachment positions for the best result.



Care instruction

The application can be machine washed at 60 degrees C. Remove the hook parts before washing.