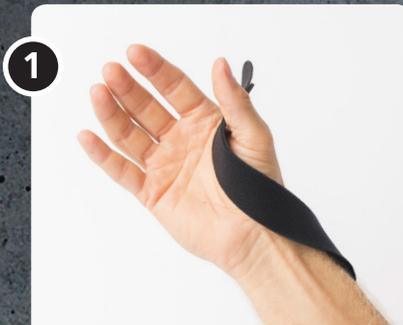


Thumb Abduction Support

Material

NRX[®] 30 mm + 2 hook tabs



1

Cut a 35-40 cm long strip of the 30 mm NRX[®] strap. Attach the hook parts on each end of the strap. Apply the strap over the thenar eminence.



2

Attach the hook part on the dorsal part of the thumb, creating a sling.



3

Apply the strap one turn around the dorsal side of the hand and turn back to the thumb.



4

Take another turn around the thumb to support the base of the thenar eminence.



5

Stretch the NRX[®] strap slightly and run it over the dorsal side of the hand again.



6

Attach the strap on the volar side of the hand with the hook tab. The strap can also be shortened and attached on the dorsal side if preferred.



7

When correctly applied the patient should feel a slight abduction support from the sling.

Caring instructions

The NRX[®] strap can be washed in 40 degrees machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.