

# Thumb Abduction Sling

## Material

NRX<sup>®</sup> Double 30 mm + 2 hook tabs

1



This application requires the NRX<sup>®</sup> Double strap. Cut the shape according to the picture. Make sure to make a slit in the material. Pull the side strap through the slit to create a small loop. This will be the thumb piece, the cut out if the webspace between the thumb and the index finger. Adjust this before application. Cut the width of the hook parts if necessary and apply it on each end. The hook on the thumb base should be attached on the inside with the hook facing outwards.

2



Apply the sling over the thumb and pull the strap over the dorsal side.

3



Pull the strap from the dorsal side and attach it onto the hook part sticking out.

4



Attach the strap on the ulnar side.

5



When correctly applied the patient should feel an abduction support. If needed trip the edges on the sling further.

## Caring instructions

The NRX<sup>®</sup> strap can be washed in 40 degrees machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.