

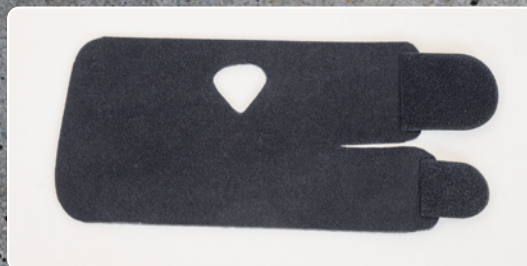
NRX[®] Bilateral Wrist



Material

120 mm NRX[®] Strap Neptune + 2 hook tabs

This wrist model can be used bilateral. Depending on how you cut it, the closure can go either ulnar-dorsal or ulnar-volar. Start by cutting a thumb hole in the center of the material, about 1 cm from the edge. The closure straps can be cut so the distal one is slightly wider than the proximal one. A wider hook can be applied on the distal strap for more wrist stability.



Ulnar-Dorsal Closure

1



Position the thumb through the hole. Make sure that the hole is large enough not to disturb the movement of the thumb.

2



Close the distal strap and attach the hook on the dorsal side. You might have to trim the length of the strap to get the specific support that you need.

3



Last close the distal strap and attach on the dorsal side. This application can be beneficial if you want to provide support in wrist extension.

Ulnar-Volar Closure

1



Position the thumb through the hole. Make sure that the hole is large enough not to disturb the movement of the thumb.

2



The closure will be attached onto the volar side. Make sure that you cut the length of the distal strap and hook so the attachment does not interfere or disturb the thumb.

3



Position the thumb through the hole. Make sure that the hole is large enough not to disturb the movement of the thumb.

4



The closure will be attached onto the volar side. Make sure that you cut the length of the distal strap and hook so the attachment does not interfere or disturb the thumb.

Caring instructions

The NRX® strap can be washed in 40 degrees machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.