

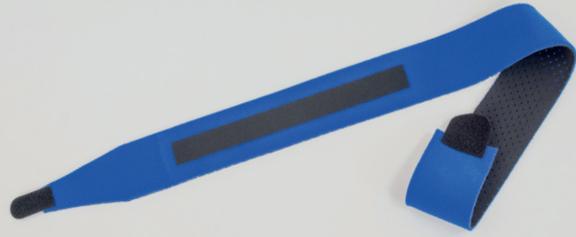
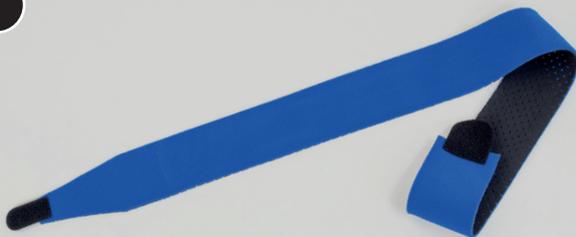
NRX® Heat Tape and NRX® Supination Sling

Material

NRX® Heat Tape can be used to reinforce your NRX® Strap application to add more stability and restricted stretch. In this application we will use the NRX® Strap Supination application and NRX® Heat Tape to provide more support and to slow down supination movement.

- NRX® Strap 50 mm or NRX® Strap Neptune 60 mm
- NRX® Heat Tape 22 mm

1



Cut the pattern according to the NRX® Supination instruction from 50 mm NRX® Strap or 60 mm NRX® Strap Neptune. Try the application on to determine where to position the reinforcement and how long it should be. Ideal position is 8 cm from the wrist joint up over radius. Use a 22 mm NRX® Heat Tape and cut the appropriate length. Position the tape on the NRX® Strap material.

2



Position the material on a heat resistant surface. Cover the material with a baking paper or Teflon sheet. Set the iron on medium heat (two dots) and press the NRX® Heat Tape for 10-15 seconds. Check that the edges has bonded. If not, repeat the process. Then let the material cool for 1-2 minutes before application.

3



Close the thumb first. Then apply the strap with a light stretch up over the arm. Do not over-stretch as this can cause edema. Attach the strap over the elbow.

4



Test the function of the strap. The effect with the heat tape should slow down pronation and provide a quite distinct support. You might need to re-adjust the strap tension for an optimal function.

Caring instructions

The NRX® strap can be washed in 40 degrees machine wash with a liquid detergent. Always use a laundry bag. Remove the hook parts before washing and let air dry.

